



Spillian Team Adventures

Team Building Workshops & Sessions

Spillian LLC

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ONSITE WORKSHOPS

We believe that people come together best when they have an opportunity to come together in unexpected ways and explore something new to play and laugh, and to create something together that invites them to think differently about who they are and what genius they bring to the group.

Spillian co-founder Leigh Melander, Ph.D. can facilitate a variety of short workshop sessions designed to open participants to imagining new ways of problem solving. Leigh is a cultural mythologist, presenter, and has served as a strategic planning consultant and coach for individuals, companies, and nonprofits nationally. She is member of the Joseph Campbell Foundation Board of Directors. A few workshop examples include:

- **THE HOT SEAT: CO-CREATING THROUGH CO-VISIONING**

Individuals or groups in your team sit on the proverbial 'hot seat' with an idea or a challenge and the rest of your team are challenged to approach that problem through the lens of their own work. We find that this can blow open barriers between elements of teams, helping people to think cross-discipline and find newly rich creative solutions and relationships.

- **THE QUEST: BRINGING THE BOON**

Every organization has a mission - a quest - to bring something to the world. This workshop invites people to remember the essence of what you're trying to make in the world and dream stories together in deep ways to re-imagine and re-energize your journey.

- **BREATHING FIRE: ON WILD POWER (FOR WOMEN)**

In most cultures, women have been traditionally defined by three roles: maiden, mother, and

spillian: a place to revel

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crone. Each is a powerful metaphor, each has value, but they all live within society's expectations, and are often as much about how the world sees women as they are how we see ourselves. There is another metaphor to explore, one that acknowledges women's power, our wildness, and how we often stand outside the constructs of society: the dragon. Filled with fire, with possibility, with fortune, and with danger, dragons refuse to be bound by rules. How do we see and embrace this power in ourselves and bring it into the world?

OUTDOOR ADVENTURES, MAKER WORKSHOPS & OFFSITES

- **CAMP SPILLIAN**

Reinventing camp into play and learning for grown ups - from cutting edge to retro arts, crafts, wood lore, and more. Jumping back into camp mode can open up play and imagination in some unexpected ways - and we can work with you to focus each activity to a problem or challenge that your team is working.

- **THOSE WHO WANDER**

Are not lost! Explore the Catskills with amazing licensed guides - on or off trail hiking, orienteering, rock climbing, and more, designed to bring together teams to challenge themselves and each other.

- **FIND YOUR FEAST**

Forage for edibles on our estate and/or with our neighboring farms and cook together with our chef/educators in the kitchen, making your own feast in Spillian's presentation kitchen. The art and craft of cooking opens up new inroads into communications and creativity.

- **BUILDING CASTLES**

For makers. A chance to design and build something real and tangible on the Spillian grounds - like a bit of stone wall or a treehouse or pavilion, with Spillian co-founder and designer, Mark Somerfield and our community of superb craftsmen.